



## **Girls Inc. Summer Program**

5 years - 11 years

Each week of camp will be filled with art, sports, water fun, group games, teambuilding, “me time”, and lots of fun! Each session will have a program of focus. Below are brief program descriptions. All programs include research-based, age-appropriate activities.

### **Week 1: June 6<sup>th</sup> to June 10<sup>th</sup> - I’m a Scientist**

Girls will discover they are all scientists through getting messy, making mistakes, and asking questions.

### **Week 2: June 13<sup>th</sup> to 17<sup>th</sup> - I’m an Artist**

Girls will discover art and how they can all be artists through exploring their own creativity and imagination.

### **Week 3: June 20<sup>th</sup> to June 24<sup>th</sup> - I’m a Physicist**

Girls will explore the relationships between objects and energy by experimenting with the ways they interact.

### **Week 4: June 27<sup>th</sup> to July 1<sup>st</sup> - I’m a Biologist**

Girls will discover the living world around them and inside them from the microscopic to the macroscopic level.

### **No Summer Camp: July 4<sup>th</sup> to July 8<sup>th</sup>**

### **Week 5: July 11<sup>th</sup> to July 15<sup>th</sup> – I’m a Geologist**

Girls will build an understanding of planet earth’s origin and structure

### **Week 6: July 18<sup>th</sup> to July 22<sup>nd</sup> – I’m an Engineer**

Girls will explore the science and math of engineering through interactive play and building.

### **Week 7: July 25<sup>th</sup> to July 29<sup>th</sup> – Summer Celebrations**

Girls will celebrate their successes, experiences, and friendships from the summer.



## **Teen enCourage Program**

### **7<sup>th</sup> grade – 9<sup>th</sup> grade**

Girls enCourage is an Adventure Program that builds girls' adventure sports skills, fosters their independence, and equips them to be healthy, safe, and active in the outdoors. Girls enCourage is a 7 week program that begins June 6<sup>th</sup> and will consist of weekly expeditions that will include hiking, rock climbing, a ropes course, and a camping/backpacking trip during the 6<sup>th</sup> week of camp.

The Girls enCourage program builds from day one. For safety reasons, we are requiring that girls attend 6 of the 7 weeks of the enCourage program (please note that your girl is allowed to miss a maximum of 5 non-consecutive days out of the 7 weeks). In the event of additional absences we will assess if it is safe for her to continue participating in this program.

Throughout each camp girls will also have a chance to choose from a variety of activities throughout the week such as fieldtrips, art activities, self-care workshops, cooking, science, and physical activity.

See the schedule of the summer below

**Week 1:** June 6<sup>th</sup> to June 10<sup>th</sup> **(Required)**

**Week 2:** June 13<sup>th</sup> to 17<sup>th</sup> **(Required)**

**Week 3:** June 20<sup>th</sup> to June 24<sup>th</sup> **(Required)**

**Week 4:** June 27<sup>th</sup> to July 1<sup>st</sup> **(Optional)**

**No Summer Camp:** July 4<sup>th</sup> to July 8<sup>th</sup>

**Week 5:** July 11<sup>th</sup> to July 15<sup>th</sup> **(Required)**

**Week 6:** July 18<sup>th</sup> to July 22<sup>nd</sup> **(Required) CAMPING TRIP July 20<sup>th</sup>-22<sup>nd</sup>**

**Week 7:** July 25<sup>th</sup> to July 29<sup>th</sup> – **Summer Celebrations (Required)**